

# Rural Behavioral Health & SUDs

## NRHA Supported Legislation

### **TREATS Act (H.R. 1627)**

*Reps. Norcross (D-NJ) & Fitzpatrick (R-PA)*

Makes prescribing buprenorphine for opioid use disorder via telehealth permanent, including the use of audio-only.

### **Better Mental Health Care for Americans Act**

*(S. 923 in 118th Congress)*

*Sens. Bennet (D-CO) & Wyden (D-OR)*

Reforms and improves mental health and substance use care under the Medicare and Medicaid programs to ensure full parity and integration of these services.

### **Farmers First Act (S. 2282/H.R.4400)**

*Sens. Baldwin (D-WI), Ernst (R-IA), Tina Smith (D-MN), Collins (R-ME), Boozman (R-AR) & Reps. Craig (D-MN) and Feenstra (R-IA)*

Reauthorizes the Farm & Ranch Stress Assistance Network to provide increased funding for farmer behavioral health resources and allows grant recipients to establish referral relationships with key rural behavioral health providers, including RHC and CAHs.

### **SUPPORT Act (S. 2121/ H.R. 2483)**

*Sens. Cassidy (R-LA), Sanders (I-VT), Murkowski (R-AK), Baldwin (D-WI), Mullin (R-OK), Hassan (D-NH), Tuberville (R-AL), Hickenlooper (D-CO) & Reps. Guthrie (R-KY) and Pettersen (D-CO)*

Reauthorizes key prevention, treatment and recovery programs for patients with substance use disorder, including programs to support the behavioral health workforce.

### **Telemental Health Care Access Act (S.2011/ H.R.3884)**

*Sens. Cassidy (R-LA) and Tina Smith (D-MN), Reps. Matsui (D-CA) and Balderson (R-OH)*

Removes the statutory requirement that Medicare beneficiaries be seen in-person within six months of being treated for mental and behavioral health services through telehealth.

### **Rural Communities Opioid Response Program (RCORP)**

NRHA urges Congress to authorize RCORP and continue to support through the program through the appropriations process at \$155 million for FY2026.

## Factors contributing to greater behavioral health challenges in rural America:

- **Lack of access to treatment options**
- **Behavioral health workforce shortages**
- **Greater sense of stigma**
- **Longer distances and fewer transportation options**
- **Higher rates of under- or un-insurance**
- Approximately 7.7 million rural adults (23%) report having any mental illness in 2023.
- In 2021, the suicide rate in rural communities was between 18.3 and 20.5 per 100,000 residents, compared to large urban communities where the rate was between 10.9 and 12.5 per 100,000.
- The rate of deaths in rural counties was 31% higher than in urban counties of one type of opioid and 13% higher in rural counties for a second subset of opioids (natural and semisynthetic opioids).
- 62% of the US counties with the highest rates of OUD are located in rural areas.