## **Rural Public Health**

## **Geography** should not be a determining factor for **health status**.

Rural public health efforts and interventions must be specifically catered to address rural population health.

Rural areas experience unique challenges in comparison to their urban counterparts. Among these are a higher likelihood to die from leading **chronic diseases** and **unintentional injury**. Additionally, many **socioeconomic inequities** as well as **environmental hazards** contribute to communities' **unequal health outcomes**.

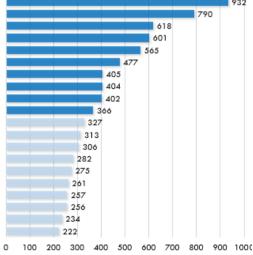
## S. 403/H.R. 3102: Rural Health Focus Act

The Office of Rural Public Health enhances implementation of CDC's rural health portfolio, coordinate efforts across CDC programs, and implements a strategic plan for rural health that maps the way forward both administratively and programmatically. NRHA urges Congress to increase funding to \$10 million for implementation of these essential functions.

www.ruralhealth.us/advocate @nrha\_advocacy 2/24/25

## 2030 Top 20 Healthy People Priorities for Rural America

	1. Mental Health and Mental Disorders
	2. Addiction
	3. Health Care Access and Quality
	<ol><li>Overweight and Obesity</li></ol>
	5. Drug and Alcohol Use
ş	6. Nutrition and Healthy Eating
Ē	7. Preventive Care
8	8. Older Adults
ĕ	9. Diabetes
ä	10. Economic Stability
e e	11. Transportation
e0	12. Cancer
Healthy People 2030 Objective	<ol> <li>Public Health Infrastructure</li> </ol>
alt.	14. Housing and Homes
ř	15. Workforce
	16. Education Access and Quality
	17. Health Insurance
	18. Child and Adolescent Development
	19. Hospital and Emergency Services
	20. Vaccination



Southwest Rural Health Research Center, 2023



There are more than 2400 LHDs in the United States, about half of which are rural.



Rural LHDs tend to have fewer staff and larger geographic jurisdictions to cover.

