



OREGON
GWEP



COLUMBIA GORGE
HEALTH COUNCIL

Free Virtual, On-Demand Training for Peer Wellness Specialists and Peer Support Specialists

Age-Friendly Care: Supporting Older Adults

Are you a PWS or PSS in Oregon looking to better serve older adults in your community? This **free, flexible training series** is designed just for you!

What You Will Learn

Learn how to deliver “age-friendly care” — care that meets the unique needs of older adults. Age-friendly care helps older adults feel respected, supported, and valued in all care settings.

PWSs and PSSs are essential to helping older adults live healthier, more independent lives. This training gives you the knowledge, resources, and tools to make a real impact.

Training Highlights

- ✓ 8 hours of CE credits
- ✓ 100% virtual
- ✓ Learn at your own pace
- ✓ Based on best practices
- ✓ Real-world strategies
- ✓ Cases and application

5 Self-Paced Modules



Module 1

Working With
Older Adults



Module 2

Introduction
to Age-
Friendly
Health
Systems and
the 4Ms



Module 3

System
Navigation for
Older Adult
Care



Module 4

Community
Resources for
Older Adults



Module 5

Incorporating
CHWs in Age-
Friendly
Healthcare



Sign Up Today!

1. Scan the QR code or visit <https://learning.oregongwep.org/>.
2. If you are new to the site, select **Create new account**.
3. Confirm your account via a confirmation email.
4. Select the course **How to Support Older Adults: A Training for Community Health Workers**.
5. Select **Enroll Me** to begin!

Questions?

Email gwep@ohsu.edu.

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