



National Rural Health Association

Rural Medical Education Conference
May 7, 2024 – New Orleans, LA
Sheraton New Orleans Hotel
“*Flourishing Across Generations*”

8-8:15 a.m.

Introductions/Session Objectives

Roberto Silva, MD, NRHA Rural Medical Education Executive Committee, Senior Co-Chair

8:15-9:30 a.m.

Keynote Presentation

Resiliency, Wellbeing and Flourishing in Medicine – Where are We and Where are We Going?

Jeff Fritz, PhD, Kern National Network for Flourishing in Medicine, Associate Director for Learning and Partnership Development; Medical College of Wisconsin, Associate Professor

Jonathan Ripp, MD, MPH, Icahn School of Medicine at Mount Sinai (ISMMS), Professor of Medicine, Medical Education and Geriatrics and Palliative Medicine; Senior Associate Dean for Well-Being and Resilience and Chief Wellness Officer

9:30-9:45 a.m.

Break

9:45-11:30 a.m.

Teaching and Learning Resilience: 2010 Revisited

John Bowling, DO (Traditionalists, Born 1945 and prior)

Randy Longenecker, MD, The RTT Collaborative, Senior Advisor and Consultant (Boomer: B1946-1964)

Jill Kruse, DO, Brookings Health System, family medicine specialist (Generation X: B1965-1979)

Benjamin Oldach, DO, Chapa-De Indian Health Auburn Grass Valley Medical Clinic, family medicine specialist (Generation Y/Millennials: B1980-1999)

Bryson Arnett, Boonshoft School of Medicine, first year medical student (Generation Z: B2000-2019)

This session will revisit the general topic of teaching and learning resilience under the theme of this year’s RME meeting, “Flourishing Across Generations.” A panel of rural medical educators, representative of four generations, will tell of their own personal and professional journey toward wellness, participate in small breakout groups who will address some open-ended questions, and then respond from their experience in those small groups and address questions from the audience. Dr. Longenecker will facilitate the panel and general discussion.

11:30 a.m.-1 p.m.

Networking Lunch

1-2:45 p.m.

Showcase of Best-practices

2:45-3:10 p.m.

Break

3:10-4:10 p.m.

Student Presentation

4:10-4:30 p.m.

Closing Remarks

4:30-5 p.m.

RME Business Meeting

**Thank you for your attendance and your continued support of NRHA and the RME Conference!
Join us next year in Atlanta on May 20, 2025!**