



National Rural Health Association

Rural Medical Education Conference
May 7, 2024 – New Orleans, LA
Sheraton New Orleans Hotel
“Flourishing Across Generations”

7:30 -8:00 a.m.

Continental breakfast
Borgne Room (3rd floor)

8-8:15 a.m.

Introductions/Session Objectives
Borgne Room (3rd floor)

Roberto Silva, MD, NRHA Rural Medical Education Executive Committee, Senior Co-Chair

8:15-9:30 a.m.

Keynote Presentation
Borgne Room (3rd floor)

Resiliency, Wellbeing and Flourishing in Medicine – Where are We and Where are We Going?

Jeff Fritz, PhD, Kern National Network for Flourishing in Medicine, Associate Director for Learning and Partnership Development; Medical College of Wisconsin, Associate Professor

Jonathan Ripp, MD, MPH, Icahn School of Medicine at Mount Sinai (ISMMS), Professor of Medicine, Medical Education and Geriatrics and Palliative Medicine; Senior Associate Dean for Well-Being and Resilience and Chief Wellness Officer

This session will overview the current trends in wellbeing and flourishing in advancing physician resiliency. It will explore how the guiding concepts of previous and current physicians and our perspectives on practice and professionalism have shaped approaches to resiliency and resiliency training. The session will conclude by exploring how resiliency training, wellbeing and flourishing in medicine are shaped by the prevailing perspectives and narratives guiding physician training and practice.

9:30-9:45 a.m.

Break

9:45-11:30 a.m.

Teaching and Learning Resilience: 2010 Revisited
Borgne Room (3rd floor)

John Bowling, DO (Traditionalists, Born 1945 and prior)

Randy Longenecker, MD, The RTT Collaborative, Senior Advisor and Consultant (Boomer: B1946-1964)

Jill Kruse, DO, Brookings Health System, family medicine specialist (Generation X: B1965-1979)

Benjamin Oldach, DO, Chapa-De Indian Health Auburn Grass Valley Medical Clinic, family medicine specialist (Generation Y/Millennials: B1980-1999)

Bryson Arnett, Boonshoft School of Medicine, first year medical student (Generation Z: B2000-2019)

This session will revisit the general topic of teaching and learning resilience under the theme of this year’s RME meeting, “Flourishing Across Generations.” A panel of rural medical educators, representative of four

generations, will tell of their own personal and professional journey toward wellness, participate in small breakout groups who will address some open-ended questions, and then respond from their experience in those small groups and address questions from the audience. Dr. Longenecker will facilitate the panel and general discussion.

11:30 a.m.-1 p.m.

Networking Lunch
Borgne Room (3rd floor)

1-2:15 p.m.

Showcase of Best-practices
Borgne Room (3rd floor)

Medical Students Around the Campfire: Igniting Resilience in Future Rural Healthcare Providers through a Summer Retreat

Toby Keys, MA, MPH, University of Washington School of Medicine, Rural Underserved Opportunities Program Director

John McCarthy, Assistant Dean for Rural Program, University of Washington School of Medicine

Video-Based Education: A Tool to Decrease Burnout and Increase Health Literacy in Rural Healthcare

Morgan McCririe- Balcom, BA, Michigan State University College of Human Medicine MD Candidate

2:15-3:00 p.m.

Networking Break

3:00- 3:45 p.m.

Student Presentation- The Distortion of Resilience in Medical Training
Borgne Room (3rd floor)

Sarah Scott, Wright State University Boonshoft School of Medicine, MD Candidate

This session will discuss the meaning of resilience and whether our current system of medical training fosters true resilience or if the concept of resiliency in general medical education has been distorted into a concept that is harmful to both medical trainees and their patients.

3:45- 4:15 p.m.

Graduate Medical Education Policy Discussion
Borgne Room (3rd floor)

Alex McKinley-Abel, JD, Director of Government Affairs & Policy, National Rural Health Association

4:15-4:30 p.m.

Closing Remarks
Borgne Room (3rd floor)

4:30-5 p.m.

RME Business Meeting
Borgne Room (3rd floor)

Thank you for your attendance and your continued support of NRHA and the RME Conference!
Join us next year in Atlanta on May 20, 2025!