

Rural Health Transformation Program

State Initiatives Summaries:

Rural Healthy Aging Program Initiatives

This is a summary of state initiatives that incorporate activities to support rural aging populations in their Rural Health Transformation Program (RHTP) applications

State	Initiative	Activity
Connecticut	Data and Technology	Expand digital access and literacy for rural older adults and individuals with disabilities by providing technology, training, and support.
	Population Health Outcomes	Promoting healthy aging in rural Connecticut through engaging exercise.
	Care Transformation and Stability	PACE: Establish a hub to extend comprehensive, coordinated care to older adults dually eligible for Medicare and Medicaid in surrounding rural communities.
Georgia	Strengthening the Continuum of Care	Regional Nursing Home Transportation Enhancement: Leverage community partners to establish regional transportation hubs to coordinate with NEMT.
	Growing a Highly Skilled Healthcare Workforce	Expand dementia care capacity through a statewide telehealth mentoring program including a dementia training hub.
Hawaii	Rural Infrastructure for Care Access (RICA)	<ul style="list-style-type: none"> • Incorporate clinical pharmacists and CHWs into primary care and outreach teams. • Integrate CHWs with public health nurses to support and expand rural health services including elder health, school health, and chronic disease prevention. • Integrate community paramedicine and home-based care models to reduce preventable 911 calls, ED utilization, and hospital readmissions. • Deploy secure, video enabled application to support paramedic visits. • Establish mobile clinics to deliver essential healthcare directly to rural communities.
Idaho	Implement Population Specific, Evidence-Based Projects to Make America Healthy Again	<ul style="list-style-type: none"> • Chronic disease prevention and treatment to reduce incidence and improve management of chronic diseases through proven prevention, screening, and education programs accessible to rural populations. • Focuses include National Diabetes Prevention Program, diabetes self-management education and support, Alzheimer's and related dementias, and cancer, heart disease, and other chronic disease prevention programs.
Kansas	Expand Primary and Secondary Prevention Programs	Increase PACE program availability in rural areas by expanding an existing program and establishing a new one, focusing on two regions with the highest concentration of PACE-eligible beneficiaries.

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Louisiana	Strengthen Care Integration for HighNeeds Populations Through Coordinated, Multi-Modal Models	Establish alternative PACE sites by retrofitting rural hospital spaces.
Maryland	Promote Sustainable Access and Innovative Care for Rural Marylanders	Strengthen revenue capture and self-sufficiency at rural local health departments and area agencies on aging.
Massachusetts	Healthy Rural Communities	Implement population-specific programs for aging adults, people with disabilities, indigenous populations, school-aged youth and young families.
Michigan	Care Closer to Home Blueprint	Promote healthy aging in rural communities blueprint includes support for PACE alternative care settings, care transition coordination, and home- and community-based services.
Nebraska	Assisted Living Facility (ALF) Special Needs Population Incentive Model	Better serve residents with complex medical, physical, intellectual, and other high-acuity needs through provider add-ons and modernization grants for ALFs.
Ohio	Healthier Ohio Initiatives	Clinical settings, schools, and community-serving agencies will implement systemic, sustainable, and evidence-based initiatives that focus on Lifestyle Medicine's six pillars for reducing risk and mortality of chronic disease throughout the age continuum of the resident population.
Oregon	Healthy Communities & Prevention	<ul style="list-style-type: none"> • Support older-adult treat-in-place models and mobile care that rely on EMS linkage. • Expand community health worker outreach models. • Expand brain health and caregiver trainings through online self-management platforms. • Support for emergency medicine services to establish treat "in place" procedures as part of emergency calls for older adults.

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Pennsylvania	Care Closer to Home Blueprint	Promote healthy aging in rural communities blueprint includes support for PACE alternative care settings, care transition coordination, and HCBS.
	Aging and Access Initiative	<ul style="list-style-type: none"> • Build Hospital-to-Home Community Paramedicine program to reduce readmissions, ED utilization, and avoidable nursing home placements. • Fund targeted quality initiatives for LTC. Launch Nurse Aide Training Hub to expand opportunities for education training and case management of direct care workers. • Expand PACE to underserved rural counties in northeastern Pennsylvania. • Redesign the state's Aging and Disability Resource Center.
Tennessee	Expand Rural Access to ADRD Care Through a Hub-and-Spoke Model	<ul style="list-style-type: none"> • Build a statewide resource to improve access to diagnosis and treatment for those experiencing Alzheimer's Disease and Related Dementias (ADRD). • The hub-and-spoke network to connect specialized clinics with existing neuropsychiatry resources, telehealth, and trained non-clinical staff.
Washington	Prevent Disease and Manage Care in Community Settings	Expand dementia resources and creation of dementia capable.
West Virginia	Personal Health Accelerator	Expand resources to support seniors and aging-at-home.
	Smart Care Catalyst	Expand PACE program implementation and provide startup funds to create new centers.